

Run 29 miles

To complete this portion of the Great Utah

Award, you must run/jog 29 miles during

the school year. You may run at the gym, at

home, or outside the school.

Anywhere that you complete this activity is acceptable. You may not count PE time at school. Each mile that you run please date, sign, and have your parents sign as well. Turn in completed form.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Date | Signature | ParentSignature |  | Date | Signature | ParentSignature |
| 1. |  |  |  | 16. |  |  |
| 2. |  |  |  | 17. |  |  |
| 3. |  |  |  | 18. |  |  |
| 4. |  |  |  | 19. |  |  |
| 5. |  |  |  | 20. |  |  |
| 6. |  |  |  | 21. |  |  |
| 7. |  |  |  | 22. |  |  |
| 8. |  |  |  | 23. |  |  |
| 9. |  |  |  | 24. |  |  |
| 10. |  |  |  | 25. |  |  |
| 11. |  |  |  | 26. |  |  |
| 12. |  |  |  | 27. |  |  |
| 13. |  |  |  | 28. |  |  |
| 14. |  |  |  | 29. |  |  |
| 15. |  |  |  | YOU | DID | IT!!! |